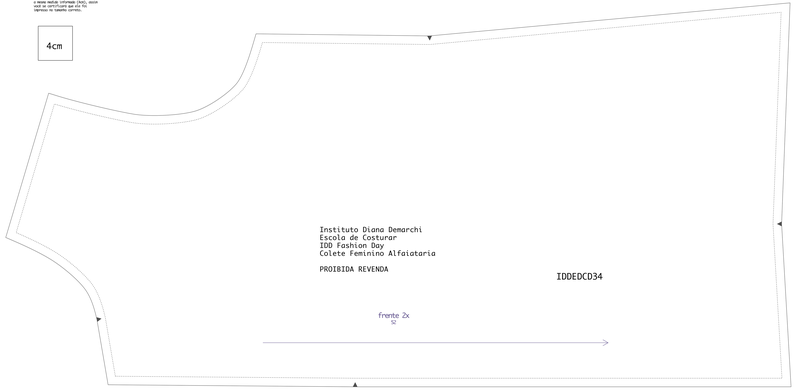
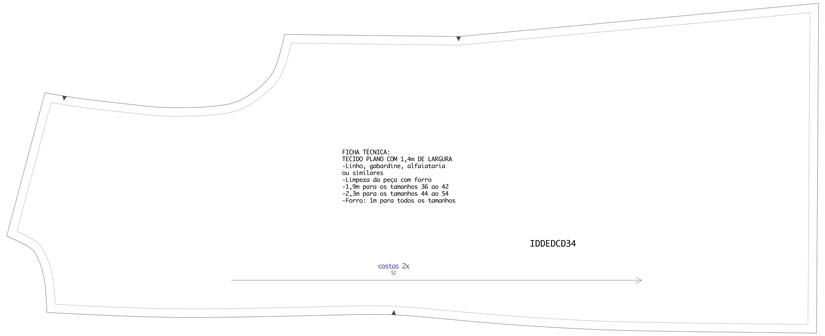
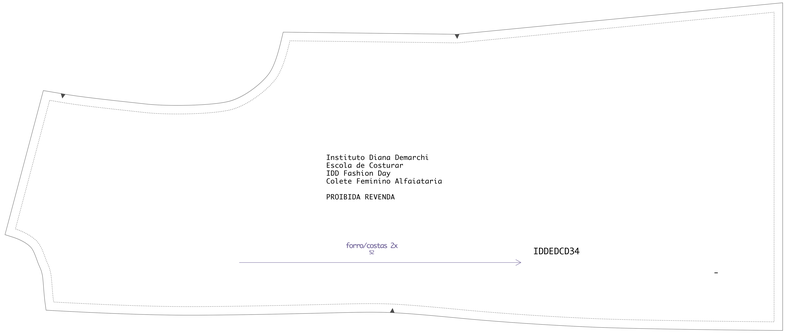
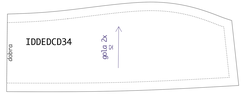
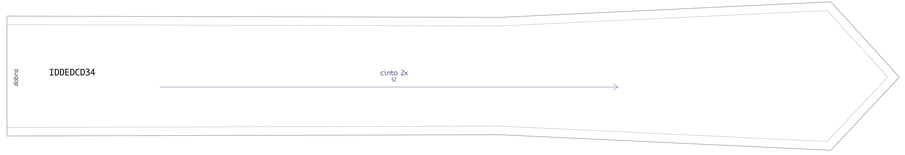
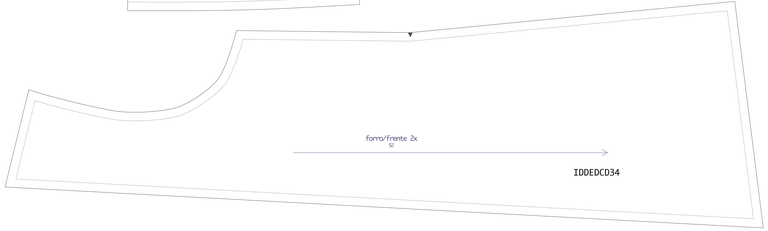
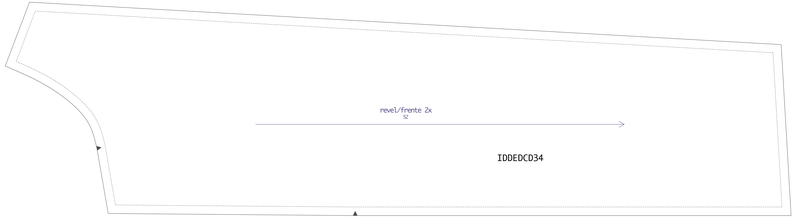
Teste de impressão: ao imprimir em escala, meça o quadrado que deverá ter a mesma medida informada (4cm), assim você poderá ajustar a escala da sua impressora no tamanho correto.

4cm